

BAI JIU

ON LUNZHE MOUNTAIN THERE GROWS
A KIND OF MULBERRY TREE WITH RED
PATTERNS. ITS SAP LOOKS LIKE
LACQUER AND IT TASTES VERY
SWEET. EATING THIS SAP CAN
SATIATE ONE'S HUNGER AND EASE
ONE'S WORRIES. THIS SAP CAN ALSO
BE USED TO DYE JADE RED.



#### BI LI

XIAOHUA MOUNTAIN IS THE HOME OF THE BILI:
A PLANT THAT RESEMBLES STENOLOMA CHUNSANA,
BUT ONLY GROWS OUT OF STONES AND WOOD.

EATING IT CAN HELP CURE HEARTBURN.



#### DAN MU

YANZI MOUNTAIN IS THE HOME OF A TREE WITH LEAVES LIKE A MULBERRY AND FRUIT AS BIG AS GOURDS, EATING IT CAN CURE TUBERCULOSIS AND MAKE ONE ABLE TO WITHSTAND FIRE.



XUAN MOUNTAIN IS HOME TO A KIND OF MULBERRY WITH A TRUNK THAT IS 50 FT (16.7 METERS) THICK. ITS LEAVES SPROUT OUT IN ALL DIRECTIONS AND ARE AT LEAST ONE FOOT LONG. ITS YELLOW FLOWERS HAVE RED PATTERNS, AND THESE FLOWERS EMERGE FROM GREEN BUDS. THIS TREE IS CALLED THE ROYAL MULBERRY.



#### DI XIU

SHAOSHI MOUNTAIN HAS A KIND OF POPLAR TREE WITH BRANCHES CRISSCROSSING IN ALL DIRECTIONS.

ITS FLOWERS ARE YELLOW AND ITS FRUITS ARE BLACK,

IT IS SAID THAT EATING THIS FRUIT HAS A CALMING EFFECT.



#### DIAO TANG

YIN MOUNTAIN HAS A KIND OF ELM WITH SQUARE LEAVES AND FRUITS THAT RESEMBLE RED BEANS. EATING THESE CAN CURE DEAFNESS



#### DU HENG

On Tiandi Mountain there grows a plant that Looks and smells like a kind of asterid.

When placed on a horse, the horse can gallop faster, and when eaten by humans, it can help cure irregular bumps on one's neck.



#### **GU** RONG

BOZHONG MOUNTAIN HAS
A KIND OF ORCHID WITH ROOTS
THAT RESEMBLE THOSE OF
A CHINESE BELLFLOWER.
ITS BLACK FLOWERS GROW
NO FRUIT. IF PEOPLE EAT IT,
THEY WILL BECOME INFERTILE.



#### **S**PIRITWEED

NIUSHOU MOUNTAIN IS HOME TO A KIND OF ASTERID WITH RED STEMS AND BUDS THAT LOOK LIKE CEREAL GRAINS. EATING THEM CAN MAKE A PERSON FEEL LIGHTHEARTED AND CAREFREE.



#### **H**UAN GUAN

A KIND OF TREE THAT RESEMBLES
AN AILANTHUS GROWS ON ZHU MOUNTAIN,
BUT THE LEAVES OF THIS TREE SEEM
MORE LIKE THE LEAVES OF A SESAME PLANT.
ITS REDDISH-BROWN FRUIT CAN BE USED
AS SOAP TO WASH AWAY MANY SKIN PROBLEMS.



#### YELLOW THORN

KU MOUNTAIN HAS THIS TREE WITH
YELLOW FLOWERS AND ROUND LEAVES,
ITS FRUIT RESEMBLES THAT OF AN
ORCHID, BUT EATING IT WILL MAKE
A PERSON INFERTILE.



## CHICKENWEED MANY CHICKEN WEEDS GROW

ON RABBIT MOUNTAIN.

THEY HAVE EGG-SHAPED BULBS
THAT TASTE SOUR WITH A HINT
OF SWEETNESS, THEY ARE VERY
HEALTHY TO EAT.



#### JIA RONG

HALF STONE MOUNTAIN IS THE HOME
OF THIS EXUBERANT FLORA THAT
GROWS TO BE VERY TALL.
AFTER EATING IT, PEOPLE ARE
NOT SCARED OF THUNDER ANY MORE.



#### Ku XIN

ON YANGHUA MOUNTAIN ONE
CAN FIND MANY KUXINS THAT
RESEMBLE A CATALPA,
BUT HAVE FRUITS THAT
LOOK LIKE GOURDS,
THESE FRUITS ARE SOUR
WITH A HINT OF SWEETNESS
AND CAN BE USED TO
CURE MALARIA.



ON LIER MOUNTAIN ONE CAN FIND MANY
LI TREES, WITH THEIR SQUARE TRUNKS
AND FLOWER PETALS COVERED WITH FLUFF.
THEIR FRUIT RESEMBLES CHINABERRIES,
AND IT IS SAID THAT EATING THIS FRUIT
CAN IMPROVE ONE'S MEMORY.



#### **S**ILVERGRASS

JIAN MOUNTAIN IS HOME TO THIS PLANT THAT LOOKS LIKE A PEAR, BUT WITH RED LEAVES. IT CAN BE USED TO POISON FISH.



#### MI GU

ON ZHAOYAO MOUNATIN ONE CAN
FIND A KIND OF GLOWING MULBERRY
TREE WITH RED PATTERNS.

IF ONE ADORNS ONE'S SELF WITH
BRANCHES FROM THIS TREE,
IT IS SAID THAT ONE WILL NOT
LOSE ONE'S WAY WHEN SETTING OFF

ON A JOURNEY.



#### PINWEED

ON KUNLUN MOUNTAIN THERE GROWS A KIND OF ASTERID THAT TASTES LIKE AN ONION. WHEN EATEN, A PERSON WILL FEEL MORE CAREFREE.



#### Q

DONGSHI MOUNTAIN HAS A KIND OF ASPEN TREE WITH RED PATTERNS. ITS SAP RESEMBLES BLOOD. IT DOESN'T BEAR FRUIT, BUT ONE CAN RUB SOME SAP ON A HORSE TO MAKE IT MORE TAME.



#### RONGWEED

ON GUDENG MOUNTAIN GROWS
A KIND OF PLANT WITH LEAVES
LIKE THAT OF A WILLOW,
THAT ARE EGG-SHAPED.
PEOPLE USE THIS PLANT TO
TREAT PATIENTS SUFFERING
FROM A STROKE.



#### **S**HA TANG

ON KUNLUN MOUNTAIN GROWS
A KIND OF TREE THAT
RESEMBLES A PEAR TREE.
ITS FLOWERS ARE YELLOW
AND ITS FRUIT IS RED.
THE RED FRUITS TASTE LIKE
PLUMS, BUT HAVE NO PIT.
EATING THEM CAN GRANT ONE
THE POWER TO FLOAT ON WATER.



#### SU TIAO

XIUYU MOUNTAIN IS THE HOME
OF WHAT SEEMS LIKE AN ALPINE YARROW,
WITH RED LEAVES. THEIR STEMS ARE GOOD
FOR MAKING ARROWS,



#### TIAN BIAN

DU MOUNTAIN IS THE HOME OF A KIND OF ASTERID THAT HAS SQUARE STEMS. IT IS SAID THAT WHEN EATEN, A PERSON CANNOT BE CHOKED.



#### TIAN YING

ON JINXING MOUNTAIN ONE
CAN FIND MANY TIANYING.
THEY LOOK LIKE DRAGON
BONES AND IT IS SAID THAT
THEY CAN BE USED TO
CURE PIMPLES AND ACNE.



#### TING TING

BEAR MOUNTAIN HAS A KIND
OF PURPLE PERILLA,
WITH RED FLOWERS,
THAT CAN BE USED TO
POISON FISH.



#### **TUO** Ganzao **M**ountain is home

TO A KIND OF ASTERID THAT HAS LEAVES RESEMBLING THOSE OF AN APRICOT TREE AND FLOWERS THAT BLOSSOM YELLOW.

EATING ITS FRUIT CAN

CURE SIGHT PROBLEMS.



### **G**ANG

SMALL PASS MOUNTAIN IS HOME TO A KIND OF ASTERID WITH RED STEMS AND WHITE FLOWERS, ITS FRUIT RESEMBLES WILD GRAPES AND EATING THEM CAN MAKE ONE SMARTER.



#### **W**EN JING

FUYU MOUNTAIN IS HOME TO A KIND OF TREE THAT BEARS FRUIT RESEMBLING JUJUBES, EATING THESE JUJUBES CAN HEAL THE DEAF.



#### WU TIAO

GAOTU MOUNTAIN HAS A
KIND OF LEGUSTICUM PLANT
WITH LEAVES THAT
RESEMBLE THOSE OF
AN ASTERID, BUT THEY ARE
RED ON THE BOTTOM.
IT CAN BE USED
AS RAT POISON.



FU MOUNTAIN HAS A KIND OF MALPIGHIALE WITH A SQUARE STEM, RED FLOWERS, AND BLACK FRUIT THAT SMELLS LIKE ASTERIDS, CARRYING SOME WITH YOU

CAN ALLEVIATE SKIN SORES.



### XUN CAO

ON QINGYAO MOUNTAIN GROWS
A KIND OF ORCHID WITH SQUARE
STEMS AND YELLOW FLOWERS
THAT GROW INTO RED FRUITS.
ITS ROOTS RESEMBLE WORMWOOD
ROOTS AND IT IS SAID THAT
EATING THEM MAKES A PERSON
BECOME MORE BEAUTIFUL.



#### SOUR YAN

BELL MOUNTAIN IS HOME TO A PLANT WITH SQUARE STEMS, UPON WHICH BLOSSOM YELLOW FLOWERS. ITS ROUND LEAVES GROW IN GROUPS OF THREE, STACKED UPON EACH OTHER. PEOPLE USE THIS PLANT AS AN ANTIDOTE TO POISONS.



#### YAOWEED

GUYAO MOUNTAIN IS HOME
TO A KIND OF PLANT THAT IS
SAID TO HAVE APPEARED AS
THE REINCARNATED SPIRIT OF
THE EMPEROR'S DAUGHTER,
SOON AFTER HER DEATH.
ITS LEAVES ARE GROUPED
TOGETHER, IT HAS A YELLOW
BLOSSOM, AND IT BEARS FRUIT
SIMILAR TO THAT OF THE
CUSCUTA CHINENSIS. PEOPLE
SAY THAT EATING THIS FRUIT
WILL MAKE ONE BECOME MORE

PLEASING AND LIKEABLE.



#### YUWOOD

TAISHI MOUNTAIN HAS A TREE WITH LEAVES LIKE THOSE OF A PEAR, BUT WITH RED PATTERNS. EATING IT CAN DISPEL THE JEALOUSY IN A PERSON'S HEART.



#### ZHI CHU

ON TUCHU MOUNTAIN THERE GROWS A KIND OF ASTERID.
ITS FRUIT RESEMBLES DATES.
WHEN EATEN, THEY CAN CURE DEPRESSION AND PROTECT ONE FROM HAVING NIGHTMARES.



# ZHU YU

ON ZHAOYAO MOUNTAIN
ONE CAN FIND A KIND OF
LEEK THAT BLOSSOMS
GREEN FLOWERS. IF ONE
EATS A ZHUYU, ONE'S
FEELINGS OF HUNGER
CAN BE SATED.